

Name of the course : Master of Physical Education (M. P. Ed.)
Paper No. : MPE-703(vi)
Name of the paper : Game of Specialization: Football
Semester : I-December-2024

Your Roll No.....

Duration: 3 Hours

Maximum Marks: 50 Marks

Instructions for students

- Write your Roll No. on the top right side immediately on the receipt of this question paper)
- Attempt any five questions. All questions carry equal marks.

- Q1. Explain the historical development of Football at International level. (10)
- Q2. Explain FIFA and its role in governing International Football. (10)
- Q3. Explain the latest rules implemented in Football. (10)
- Q4. Explain the principles of warming up and cool down and their effects. (10)
- Q5. Explain the development of motor components with specific reference to Football. (10)
- Q6. Prepare a coaching lesson plan on any one skill of Football. (10)
- Q7. Explain the criteria to select an intercollegiate team in a Football. (10)
- Q8. Explain AAHPER Youth Fitness Test and McDonald Skill Test. (10)